



Sweethearts

EST. 2003

Centennial High School  
Sweetheart Dance Team  
Dance Officer Tryouts  
2022-2023

Dear Sweetheart Officer Candidate,

Thank you for your interest in serving as a leader for the Centennial High School Sweethearts. As a line member, you have learned what it takes to make the Sweetheart Dance Team one of the best. You have already given countless hours and endless dedication, but as a dance officer you must give even more. Holding an office with Sweethearts is a privilege that is not to be taken lightly. You will spend extra time planning, supporting and committing to help the Sweethearts become the best they can be. As an officer, you must believe and uphold everything the Sweethearts stand for and all the FISD Dance Team Code of Conduct represents including timeliness, maturity, responsibility, and dedication to our team.

Being a dance officer can be incredibly rewarding, but you must be willing to put in the extra work. It is also important that you understand the responsibilities that are included with your position, and are willing to uphold all standards at all times. Dance officers must always do what is best for the team in every situation, in and out of uniform.

What is an officer?

- An officer is a **LEADER** with **INITIATIVE**. They take charge and get things done.
- An officer **LOOKS LIKE AN OFFICER**. They stand/sit with impeccable posture. They follow all school policies in regards to dress code, attendance, punctuality, respect, and are mindful that they are representing FISD, CHS, and Sweethearts at all times.
- An officer is **RECOMMENDED BY TEACHERS AT SCHOOL**. They take a constructive part in the classroom. They realize that it is important to make a good impression on their teachers. They are sincere and offer to help their teachers.
- An officer has **SUPER SPIRIT** and willingly shows it. They instill this in others by example.
- An officer **SETS AN EXAMPLE WITH THEIR CONDUCT**. They know that they are a representative of the team. They behave like a lady in and out of class. They are mindful of the situations they choose to be in.
- An officer **HAS ALREADY WORKED FOR THIS POSITION**. They have participated in activities and performances throughout the year in preparation for this position of officer. They have treated their current officers with respect and modeled the behaviors expected of an officer.
- An officer is a **PERFORMER**. They demonstrate good technique and exceptional showmanship. They are constantly striving to improve.
- An officer **DOES NOT COMPLAIN**. When they encounter a tough situation, they present it to the director in a mature, face-to-face manner. They are able to accept and support the decisions of the director and other officers.
- An officer **SERVES**. They perform any task assigned to them and volunteers for anything the director may need help with. They try to see duties before they arise and take care of them in advance. They try to make the director's job easier.
- An officer is **THE EXAMPLE NOT THE EXCEPTION**. They are the first to arrive and the last to leave. They encourage others through their words and actions on a daily basis. They leave a positive mark on those they meet.

Attached you will find all of the information needed to tryout for this leadership position. Ask questions, follow directions, and do not procrastinate. Try your hardest and give it your all.

Thank you for your interest and best of luck!

Mrs. Gonzalez

Centennial High School Sweethearts

Director

## **Sweetheart Dance Officer Guidelines 2022-2023**

### **Section A - Overview**

1. The dance officers of this organization shall consist of 3-7 dance officers. The highest-ranking officer shall be called Captain, the next highest-ranking officer shall be 1st Lieutenant, and the remaining shall be called Lieutenants.

### **Section B - Dance Officer Eligibility**

1. The candidate must be a current Sweetheart line member or Sweetheart officer during the year of auditions.
2. The candidate must not have been placed on probation or suspension during the year of auditions.
3. The candidate must not have failed or received an "N" or "U" in conduct in any course during the year in which she auditions.
4. The candidate must not hold a job, outside commitments, or additional organized responsibilities that will interfere with the duties of an officer.
5. The candidate must understand that officer duties and responsibilities are above and beyond that of a dance team member.
6. The candidate must agree with all Sweetheart standards and be willing to abide by and enforce the rules and expectations of this organization.
7. Candidates' parents must be understanding and supportive of the time requirements and extra financial requirements of the dance officer.
8. For eligibility to audition for dance officer, candidates must have the following on file with the director by the designated date.
  - a. Dance Officer Tryout Application
  - b. Dance Officer Tryout Permission Form
  - c. Dance Officer Tryout Agreement

### **Section C - Selection of Dance Officers**

1. Dance officers will be selected by a panel of three qualified dance/drill team judges. Each candidate will be scored by the judges according to the following categories: (1) interview, (2) solo routine, (3) teaching, (4) officer strut, (5) performance of learned routine choreographed by the outgoing officers.
2. Digital Portfolio - Candidates will create a digital portfolio that will be turned in to Mrs. Gonzalez and with the judge's panel.
3. Team Vote - Current team members for the 2022-2023 team will evaluate the dance officer candidates on their speech, leadership qualities, solo dance routine, officer tryout dance, and teaching. These votes will be tallied and each candidate ranked according to the votes received. The team vote will be added to each candidate's file. *Team vote will not be added to the score from the judges and director.*
4. The number of officers selected will be based on the recommendation of the judges up to the maximum number of seven.
5. The top-scoring candidate will be selected as Captain. The remaining candidates selected will be named 1st Lieutenant and Lieutenants.
6. Announcement of the dance officers will be posted on the Sweetheart website.

7. If a parent wishes to view their student's individual tryout documents, they must make an appointment with the officiating administrator. Parents are allowed to view their student's individual documents only. The statute of limitations for viewing is five school days following the tryout session. Parents are not allowed to view any other student's documents, nor their tally sheets. The judges' subjective and objective opinions regarding the adjudication process are final and are not appealable or grounds for the FISD formal grievance process. The tryout results, once reviewed and certified as accurate by the campus administration, are final and appealable or grounds for the formal grievance process.

**Section D - Responsibilities of Dance Officers**

1. A dance officer must be able to maintain a minimum 70 average in all current classes. They must have mature leadership skills, maintain good organizational skills, demonstrate a strong sense of responsibility, and be willing to set a good example at ALL TIMES. The director may remove a dance officer from her position if she does not uphold the responsibilities of her position.
2. Dance officers must remain in good standing and not be placed on probation or suspension while in office.
3. Dance officers must attend both officer camp and team camp and will be responsible for paying their tuition for these camps.
4. Dance officers shall participate in any additional leadership workshops or officer practices deemed necessary by the director throughout the year.
5. **Dance officers must attend all Sweetheart activities.**
6. Dance officers must not attend tutorials during practice time.
7. **Dance officers must arrive 10 minutes prior to any function and stay 10 minutes after any function or until the director dismisses the dance officers. Officers should never leave until all work is complete. This includes all practices, performances, and any additional Sweetheart events.**

Monday	Tuesday	Wednesday	Thursday	Friday
Officer Practice 4:45-6:30 PM	Team Practice 6:30 to 8:00 AM	Team Practice 6:30 to 8:00 AM Dance/Social Mtg. 4:45-6:00 PM	Team Practice 4:45 to 6:30 PM Band Practice	Team Practice 7:20 to 8:00 AM

**Section E - Duties of the Dance Officers**

1. Work with the director to prepare for performances.
2. Meet with the director weekly to discuss the development and progress of the team, any problems with the team, and any situation the director might need to be aware of.
3. Dance officers are expected to support the director in her decisions. A dance officer should never show disrespect to the director or fellow officers.
4. Maintain a good working relationship with the director and fellow officers.
5. Set a good example for other team members by maintaining a positive and cooperative attitude, promoting school spirit and team unity.
6. Dance officers remain calm and flexible during times of crisis.
7. Dance officers start all rehearsals on time without the assistance of the director. They warm-up and stretch daily.

8. Keep a notebook containing telephone numbers, schedules, rules, etc. Dance officers have their notebook on hand at all dance team activities.
9. Contact their squad with updates on activities.
10. Hold inspections, check for attendance and tardiness, correct uniforms, etc.
11. Dance officers maintain discipline and see that their squad is in order at all times.
12. Host tutorials on a weekly basis to provide individual help to members.
13. Assist with technique.

### **Section F - Captain**

1. Captain is the highest ranking officer of the dance team.
2. The Captain is ultimately in charge at all times in the absence of the director and reports directly to the director.
3. The Captain will schedule any necessary officer meetings with prior approval of the director.
4. The Captain is responsible, along with the director and fellow officers, for choreography, teaching/polishing of all performance material.
5. The Captain is responsible for motivating the team and providing an inspirational message during the team unity circle.
6. The Captain must work closely with the other officers, line members, and the director. It is her responsibility to set a good example at all times for the team members to follow.
7. The Captain is responsible for recording infractions and absences for each squad member and officers. The director will issue towel pushes.
8. The director may remove the Captain from her position if she does not uphold the responsibilities of her position.

### **Section G - 1st Lieutenant**

1. The 1st Lieutenant is next in command behind the Captain.
2. The 1st Lieutenant is ultimately in charge at all times in the absence of the Captain.
3. The 1st Lieutenant assumes all responsibilities of the Lieutenants. (See section H)

### **Section H - Lieutenants**

1. The Lieutenants are next in command behind the 1st Lieutenant and are of equal status.
2. Lieutenants are responsible for the performance of their squad members.
3. The Lieutenants will assist the Captain and the director in the choreography, teaching, and polishing of the routines.
4. Lieutenants will assist the director in the absence of the Captain or 1st Lieutenant.
5. The Lieutenants must work closely with the other officers, line members, and the director. It is their responsibility to set a good example for the team members to follow.
6. The Lieutenants are responsible for recording demerits

## Dance Officer Tryout Schedule & Important Dates

### Tuesday, March 1st by 4:30 pm

Applications due to Ms. Gonzalez by 4:30 PM. Submit your application in the same folder as your team tryout application.

Checklist:

- Dance Officer Application
- Dance Officer Candidate Permission Form
- Dance Officer Agreement

Officer solo music released by 3/4

Officer candidate numbers assigned by 3/4

### Monday, March 21st, 2022

7:00-8:00 AM Officer Essay Assignment in G113. Bring your own device.

8:30 AM Digital Portfolios due

5:00-7:00 PM Learn Officer Strut, CHS Studio

### Tuesday, March 22nd, 2022

5:00-7:00 PM Learn officer tryout dance, CHS Studio

### Wednesday, March 23rd, 2022

5:00-7:00 PM Learn officer tryout dance, CHS Studio

### Thursday, March 24th, 2022

5:00-7:00 PM Mock Officer Tryouts/Team Vote, CHS Studio

### Friday, March 25th, 2022

7:00-8:30 AM Officer Candidate Breakfast

5:00-9:00 PM Officer Tryouts

### **Workshop Rules:**

1. All officer workshops are mandatory
2. Only officer candidates will be allowed in the studio or computer lab during workshops.
3. Workshops are closed to all parents, line members, and friends.

### **Important Dates:**

Officer Camp: June 2-5th, 2022 at Embassy Suites in Frisco

Payment for Officer Camp: April 18th, 2022

Estimated Cost: \$520.00

## Dance Officer Tryout Requirements

### 1. Digital Portfolio

- a. Portfolios are due to Mrs. Gonzalez on Monday, March 21st, 2022 via submission portal in google classroom.
- b. Candidates are expected to complete this assignment on their own.
- c. Criteria for scoring are organization, neatness, grammar, creativity, and overall effect.
- d. See attached portfolio requirements for more details.

### 2. Officer Essays

- a. Candidates will have 1 hour to answer questions that address their leadership style, leadership vision, expectations for leadership and team culture.
- b. Candidates must be present for this assignment, there is no make up or alternative day.
- c. Candidates will not be allowed to discuss questions with one another.
- d. Ms. Gonzalez will print responses and include them in portfolios.

### 3. Officer Strut

- a. Candidates will learn the strut from the current senior dance officers.
- b. Candidates may only receive instruction and help during workshop times.
- c. Candidates will perform the strut for the judges at tryouts.
- d. Criteria for scoring: memory, dance technique, precision, showmanship, and overall effect.

### 4. Tryout Dance

- a. Candidates will learn a tryout dance from the current senior dance officers.
- b. This dance will incorporate advanced levels of technique that must be mastered quickly.
- c. Candidates may only receive instruction and help during workshop times.
- d. Candidates will perform the dance for the team at mock tryouts.
- e. Candidates will perform the dance for the judges at tryouts.
- f. Criteria for scoring: memory, artistry, dance technique, precision, showmanship, and overall effect.

### 5. Solo Dance Routine

- a. Candidates will have the choice between 3 songs to choreograph. Candidates must select 1 of the 3 songs for their solo.
- b. Mrs. Gonzalez will release the music to candidates on Friday, March 4th.
- c. Candidate solos must include the following: triple pirouette, switch tilt, russian, calypso, switch arabesque, and minimum 2 turns in second to a double pirouette.
- d. Candidates will perform their solo for the team at mock tryouts.
- e. Candidates will perform their solo for the judges at tryouts.
- f. Criteria for scoring: choreography, memory, dance technique, precision, showmanship, and overall effect.
- g. Solo routines must be choreographed by the dance officer candidate. Any candidate who has someone else choreograph or help choreograph their solo routine will be disqualified.

6. Teaching/Polishing
  - a. Candidates will have 5 minutes to polish a portion of the tryout dance or strut -- teaching assignments will be assigned on 3/23. Candidates will polish the other dance officer candidates for both mock tryouts and the judges.
  - b. Criteria for scoring are leadership, speaking skills, poise, self-confidence, and overall efficiency/clarity.
  
7. Interview with Judges
  - a. Candidates will be interviewed by the judges.
  - b. Judges will look at candidate portfolios during the interview and may base their questions from the materials in the portfolios.
  - c. Criteria for scoring are leadership, speaking skills, poise, self-confidence, and overall effect.
  
8. Team Vote
  - a. Candidates will be evaluated by the 2022-2023 line members at mock tryouts.
  - b. Candidates will present a two-minute speech on the topic "Why I want to become a Sweetheart Dance Officer." Candidates should include what position they are interested in.
  - c. Candidates will perform the tryout dance and solo, and polish for the 2022-2023 line members.
  - d. Only 2022-2023 line members will be allowed at the mock audition. No family members, friends, or non-returning members will be allowed.
  - e. Candidates may bring treats for their presentation.
  
9. Additional Materials for the Judging Panel
  - a. Candidate Application
  - b. Report Card
  - c. Towel Push Log - Provided by the director
  - d. Team Vote - Provided by the director
  - e. Essay Questions - Provided by the director



## **Digital Portfolio Requirements via Google Slides**

**Each section requires its own page.**

All pages must be titled as they are titled on this page.

1. Title Page
  - a. Name
  - b. Headshot
  - c. Tryout Number
  - d. Years on Sweethearts
  - e. Positions of Interest
  
2. Speech - My Purpose
  - a. 3 minutes max
  - b. Professional Dress
  - c. Introduction - Name, tryout number, years on Sweethearts
  - d. Positions of interest and WHY you are qualified for this position(s)
  - e. Vision for the officer line
  - f. Vision for the team
  
3. Leadership Values/Pillars
  - a. List your top 3 values for leadership
    - i. Think -- “what/how will my team describe my leadership”
    - ii. Think -- “what will my teammates believe I value based on how I interact with them”
  - b. Answer in complete sentences
  
4. Leadership Non-Negotiables
  - a. List your top 5 leadership non-negotiables
  - b. Answer in complete sentences
  
5. Commitment to the Team
  - a. What will your commitment be to the team should you not be selected as an officer?
  - b. How will you continue to contribute to the culture and progress of the team?
  - c. Answer in complete sentences
  - d. 4 sentences max

## Scoring System

The dance officer scores will be based on a 1000 point scale. The points will be broken down into the following categories:

1. Judges
  - a. Tryout Dance (100 points) - memory, artistry, dance technique, precision, showmanship, and overall effect.
  - b. Solo (100 points) - choreography, memory, dance technique, precision, showmanship, and overall effect.
  - c. Teaching (200 points) - leadership, speaking skills, poise, self-confidence, and overall efficiency.
  - d. Interview (300 points) - leadership, speaking skills, poise, self-confidence, and overall effect.
  - e. Officer Strut (100 points) - memory, dance technique, precision, showmanship, and overall effect.
2. Director
  - a. Portfolio (200 points) - organization, neatness, grammar, creativity, and overall effect.

The table below shows the weight of each category and the point value:

Category	Value
Tryout Dance	100 Points
Solo Dance	100 Points
Teaching	200 Points
Interview	300 Points
Officer Strut	100 Points
Portfolio	200 Points
Totals:	1000 Points

# Sweetheart Dance Officer Application 2022-2023

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Last Name

First Name

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Current Age

Grade for 22-23 School Year

Past Dance Experience:

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Non-dance related skills that would be relevant to this position:

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Hobbies/Interests:

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Parent/Guardian Signature

Date

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Candidate Signature

Date

## 2022-2023 Dance Officer Candidate Permission Form

It is both an honor and privilege to be selected as an officer of the Centennial High School Sweetheart Dance Team. It will take a great deal of commitment from both the officer and the officer's family to be the best officer possible. The audition procedure and audition preparations are a fraction of the time and commitment that you will experience once you are an officer. Officers are expected to give 100% of their effort and dedication at all times. They are expected to be the example for the rest of the team by being the best Sweetheart they can be.

I, \_\_\_\_\_, have read the officer tryout information packet and understand the guidelines, dedication, and the time it takes to be a dance officer in such a prestigious organization. If I am not chosen to serve as an officer, I will return to the line graciously. If I am chosen to serve as an officer, I will accept the position without question.

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Dance Officer Candidate Signature

Date

I, \_\_\_\_\_, have read the officer tryout information packet and understand the guidelines. I understand that if my daughter does not receive an officer position she must return to the line graciously. I understand that the decision of the judges is final and I will respect that decision. With these things in mind, I grant my daughter permission to try out for a Sweetheart officer position.

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Parent/Guardian Signature

Date

## 2022-2023 Sweetheart Dance Officer Agreement

I, \_\_\_\_\_, understand that as a Sweetheart Dance Officer, I will commit extra time, money, and dedication to the Sweetheart organization. Officers arrive early to every function and stay late on many occasions. As an officer, I will accept the extra duties and responsibilities that come with this opportunity. I understand that I will be asked to go above and beyond the expectations of a line member. I will take initiative and will not wait for someone to ask me to complete a task.

I will be required to attend officer camp in June with the rest of the dance officer line. Officer camp will be demanding, but I will do my best to learn as much as I can about being a leader. I will bring back these ideas to make our team as strong as it can be.

I will be responsible for motivating, teaching, helping, and guiding my squad members through the entire year. This includes keeping an accurate account of absences, tardies, inspections, and infractions.

I am willing to make the Sweetheart Dance Team a priority. I will do all that I can to make each person on my team the best dancer and line member they can be.

I will support and work with my fellow dance officers and the director at all times. I understand that these working relationships are important to make the best decisions for the team. I will participate in all performances, officer performances, and appearances.

I understand that as a Sweetheart Dance Officer I am responsible for setting a good example for the rest of the line at all times. I will be removed from the officer line if I break this rule.

I understand that setting a good example also applies to academics and conduct. If at any time I become ineligible due to grades or conduct, I will be removed from the officer line.

If at any time I am unable to fulfill my responsibilities as a dance officer, I will be dismissed. I will treat my office with pride and respect, and will always strive to be the best officer that I can be.

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Sweetheart Signature

Date