



Sweethearts

EST. 2003

Centennial High School
Sweetheart Dance Team Tryouts
2023-2024

Please direct questions to Sweetheart Director, Marina Gonzalez.

Marina Gonzalez

Centennial High School Sweetheart Dance Team

469-633-5681

gonzalezmar@friscoisd.org

**Centennial High School Sweethearts
2023-2024
Tryout Information**

Dear Sweetheart Hopeful & Parent/Guardian,

Welcome to the Sweetheart Tryout Meeting! On behalf of Centennial High School, I am thrilled that you have expressed interest in becoming a member of this award-winning group. Sweethearts are not only exceptional dancers but exceptional ambassadors for our community. Our program provides members the opportunity to shine as problem solvers, team players, leaders, and dedicated individuals. This organization will open the doors for lifelong connections, sisterhood, and opportunities of varying degrees. It is an honor to be selected as a member of this community. The Sweethearts set forth a standard of excellence that can only be maintained with 100% support of all its members and their families.

Included in this packet:

- FISD Dance Team Code of Conduct
- Tryout Information
- Sweetheart Accountability System & Campus Addendum

Tryout Qualifications and Requirements:

- Parent and Candidate attendance at this tryout meeting
- Must meet the requirements listed in the FISD Code of Conduct
- Required application/paperwork on file by February 13th, 2023 by 4:30 pm.

Tryout Application/Paperwork

Place all application materials in a manilla envelope, in order, with the checklist on top, clearly marked as follows:

Attn: Marina Gonzalez, Centennial High School
Candidate's Name
Centennial High School Dance Team Auditions 2023-2024

Labeled manilla envelopes may be turned in to one of the following places to the front office of Centennial High School or directly to Mrs. Gonzalez in the CHS Dance Studio (G113). Applications will not be accepted after 4:30 on February 13th, 2023. **Please visit www.chssweethearts.com for your tryout checklist!**

*****Candidates with incomplete packets or forms will be disqualified from tryouts*****

Sweetheart Dance Team Audition Information

Tryout Clinic Information

Date: March 6th - March 9th, Tryout Day March 10th

Time: 5:00-7:00 pm

Location: Centennial High School Main Gym

Tryout clinics are closed to the public and may not be videotaped or recorded.

Attire:

Appropriate dance or workout attire is required. Accepted attire includes a leotard, dance top, dance pants, leggings/capris, and tan/black jazz shoes. **Shorts, crop tops, or athletic shoes are not allowed.** Hair must be in a high ponytail. All jewelry must be removed. Make-up is not required for the tryout clinics.

Tryout Clinic Agenda:

At the tryout clinic, Hopefuls will learn and practice everything that will be performed for the judges. This includes...

- Tryout Number & Group
- Technique Demonstration - R&L Split, R&L Double Pirouette, R&L Press Leap
- Kick Combination
- Jazz Combination
- Fight Song

Mock-Tryouts:

Hopefuls will participate in a Mock-Tryout on Thursday, March 9th from 5:00-7:00 pm. This will be a candidates final opportunity to ask any questions in preparation for the upcoming tryout on Friday, March 10th 2023.

Sweetheart Tryout Day:

Date: Friday, March 10th

Time: 5:00-Dismissal by judging panel

Location: Centennia High School Main Gym

Tryouts are closed to the public with only the director, administrators, judges, and Hopefuls present. Students must stay on campus for the duration of the event. Deliveries of any kind by a parent or 3rd party are not permitted.

Attire:

- Hair must be in a slicked and high ponytail.
- Jewelry of any kind will not be allowed at our tryout. This includes small studs and facial piercings.
- Make-up is required for auditions to emphasize facial features. This includes eyeshadow, eyeliner, mascara, blush, and red lipstick.
- Clear, french, and American polish will be the only nail colors allowed at tryouts.
- Fitted, solid black dance top or solid black leotard with a black sports bra.
- Fitted, solid black leggings or solid black dance pants - No large or obstructive logos allowed.
- Black or tan Jazz shoes.

Tryout Process:

March 10th is the only day to audition for the 2023-2024 Sweetheart Dance Team. Sweetheart Hopefuls are required to stay on campus for the duration of the audition process. Tryouts are closed to the public with only the director, administrators, judges, and Hopefuls present.

A qualified judging panel will watch each group and score them according to the preset criteria (see scoring below). A candidate can receive a possible of 100 points from each judge (300 points total). **The minimum score required to become a Sweetheart will be 210 points, this is an average score of 70.**

- | | |
|--------------------------------------|-----------------|
| Overall Presentation/Spirit - 10 | R & L Leap - 10 |
| Overall Memory/Timing/Precision - 10 | Kick Combo - 15 |
| Splits - 10 | Jazz Combo - 30 |
| Right Double Pirouette - 10 | Fight Song - 5 |

Announcement of the 2023-2024 Sweethearts:

At the conclusion of the tryout process, all Sweetheart Hopefuls will be dismissed and must leave the building. Results will be posted by number on the Sweetheart website that evening. Results will **not** be posted at CHS. Students and parents are not to return to CHS once the tryouts have concluded.

Mrs. Gonzalez will not address the results. The judges' subjective and objective opinions regarding the adjudication process are final and are not appealable or grounds for the FISD formal grievance process. The tryout results, once reviewed and certified as accurate by the campus administration, are final and not appealable or grounds for the FISD formal grievance process.

Parents may request to view their student's individual tryout documentation. To view tryout documents parents must contact their officiating administrator. Parents are allowed to view their student's individual documents only. The statute of limitations for viewing is five (5) school days following the tryout session. Parents are not allowed to view any other students' documents or the tally sheets. Contact Associate Principal, Mrs. Kristin Pryor (pryor@friscoisd.org), to view your student's tryout documents.

Manager Tryout Process:

March 24th will be the only day a candidate ma interview for a 2023-2024 Sweetheart Manager position. Managers will be assigned a time to be interviewed by a panel of judges. Interviews are closed to the public with only the director, administrators, judges, and Hopefuls present. Professional attire is required. A brief resume is recommended.

A qualified judging panel will watch interview candidates and score them on the criteria listed below. The top 3 scoring candidates will be appointed as Sweetheart Managers for the 2023-2024 school year.

- Professionalism - 10 pts
- Maturity - 10pts
- Quality of Response -10pts

2024-2024 Sweetheart Requirements

Financial Obligations:

The first year of Sweethearts can be the most expensive because each Sweetheart must purchase initial items, which are used for the remainder of their time on the team. The initial cost for a new member is approximately \$1,250.00. Fees for returning members are considerably less. The breakdown of costs will be discussed at the New Team Meeting on Monday, April 3rd, 2023. Your first payment will be due on Monday, April 3rd, 2023. Extended financial plans are available with approval from the director and principal.

There are other expenses associated with your time on Sweethearts such as trips, social events, and banquets that the Sweetheart Booster Club helps out with. There is a mandatory Team Event Fee that covers the cost of each Sweetheart to attend team social events. Joining the Sweetheart Booster Club can help ease the financial costs of these events.

Payment #1 (\$300) is due by the end of the meeting. This payment can be made via OSF or check payable to Centennial High School.

Mandatory 2023-2024 Team Meeting/Practice Wear Fitting:

All parents and Sweethearts of the 23-24 team must attend the new team meeting on Monday, April 3rd, 2023 at CHS. Information about the team and parent expectations, camp, uniforms/practice wear, and more will be discussed at this meeting. Additionally, parents will be asked to sign up for 3 volunteer opportunities at this meeting.

We will begin sizing Sweethearts for practice wear/performance items at the end of this meeting. Many of the practice/performance items are non-refundable or available for exchange. Form fitting dance attire is recommended.

Grade Requirements:

Upon selection, each member must pass all courses during the 9 week grading period. For additional information and details, refer to the FISS Code of Conduct.

Sweethearts will receive a grade for the Sweetheart class period. Grades may be assigned for performances, rehearsals, technique assignments, and demerits.

Sweetheart Dance Team Class and Practice:

All dance team members are required to enroll in the 3A Dance Team Class period for the fall and spring semesters as well as attend all scheduled practices and performances. Sweetheart Managers are required to attend all practices, performances, and events. This includes summer camps/practices, weekend rehearsals, performances, events, and appearances. Work is not an excused reason for missing practices or performances. Events will be communicated as early as possible. **Our first obligation is to serve our community -- we are eager to serve at and all appearances and performances regardless of when we are asked to perform.**

Fall Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
	6:30 to 8:00 AM	6:30 to 8:00 AM	4:45 to 5:30 PM Band Practice	7:00-8:00 AM

***The practice schedule will fluctuate during football season to accommodate Thursday games.

Sweetheart Obligations Outside of Class/Practice/Performances

As ambassadors of Frisco ISD and Centennial High School, Sweethearts are required to participate in events that encourage a strong sense of culture and community. **We firmly believe that showing up for others is the best way to show that we care.** Sweethearts can expect to attend the following events throughout the year, in addition to others not listed below.

- 1st Day of School Greeting at CHS
- Elementary and Middle School Pep Rallies/Events/Lunches/Carpool
- Band UIL (Fall)
- Titan Theatre Production (Winter)
- At least 1 additional Fine Arts Performance - Choir/Orchestra/Band
- Team Socials
- Team Dinners
- Squad Dinners
- Sister Dates

Cost of attendance, event location, and more will be communicated ahead of time. Please note that all efforts will be made to evenly space these events out on our calendar.

Uniforms:

Members are required to purchase their own hat, boots, and field bloomers. Field uniforms and contest costumes will be provided and are the property of Centennial High School. Sweethearts are responsible for keeping all pieces in excellent condition. Students are responsible for repairs and cleaning to their fringed uniform pieces.

Accountability System:

Sweethearts are assigned demerits for infractions incurred throughout the year. Members may receive demerits by not following the expectations set forth by the director. Our accountability system promotes communication, promptness, neatness, responsibility, and character. Accumulation of infractions will affect a member's ability to perform. Please see the table below to understand how demerits affect performance eligibility.

Merit opportunities may be made available to students with demerits. These will be communicated throughout the year.

5 Demerits	Conversation with director and student.
10 Demerits	1st Warning Phone call home to parents
15 Demerits	2nd Warning Phone call home to parents Removed from the upcoming performance No longer eligible to audition for a leadership position for the 23-24 year.
20 Demerits	3rd Warning Meeting with student and parent Removed from the next 2 performances No longer eligible to audition for a leadership position for the 23-24 year.
25 Demerits	Final Warning Meeting with student and parent Removed from the next 3 performances No longer eligible to audition for a leadership position for the 23-24 year.
30 Demerits	Dismissal from the Team

Commitment:

Being a member of the Sweetheart Dance Team takes a great deal of commitment. The Sweethearts make a full-year commitment to the team and our community. Members are expected to practice regularly, complete outside of rehearsal assignments, volunteer at CHS events, compete at regional contests, and perform at our Spring Show.

Important Sweetheart Dates

Mandatory 2023-2024 New Team Meeting: Monday, April 3rd at 6:00 pm at the CHS Cafeteria

Payment #1 (\$300) Due: Monday, April 3rd via OSF or check payable to Centennial High School

Sweetheart Rookie Practices for Spring Show: April 11-12th from 5:00-7:00 pm at CHS

Sweetheart Spring Show Grand Dress: April 19th beginning at 5:00 pm at CHS

Sweetheart Spring Show: April 21st & April 22nd at 7:00 pm at CHS

Team Social: Monday, May 1st from 5:00 to 7:00 pm at CHS

Payment #2: Monday, May 1st via OSF

Spring Practices: May 1-4 and May 8-11 at CHS

Payment #3: Monday, June 1st via OSF

Sweetheart July Camp: July 24-27th, location TBD

CSBC Retreat: July 28th at the YMCA Adventure Camp

Sweetheart August Training: July 31st-August 8th, location TBD

**Centennial High School Sweetheart Dance Team
Addendum and Guidelines 2023-2024**

Overview:

1. The CHS Sweetheart Director will have the authority to discipline any member for not upholding the FISD Dance Team Code of Conduct, CHS school policy, and CHS Addendum/Guidelines.
2. Members will receive disciplinary action according to the FISD Dance Team Code of Conduct, CHS school policy, and the CHS Addendum/Guidelines.
3. Dance Team members are expected to follow Director directives as communicated by the Drill Team Officers. Failure to follow these directives will result in disciplinary actions as outlined in the FISD Dance Team Code of Conduct.

Appendix to Inherent Risk Sheet:

1. Team members will participate in an appropriate warm-up that is designed by the directors and the dance officers. (Refer to the 3rd guideline)
2. Team members will train to increase strength and guard against injuries such as weight lifting, endurance training, and conditioning. (Refer to the 13th guideline)

Appendix to Article VII:

1. In addition to excused absences listed in the FISD Dance Team Code of Conduct, additional excused absences may include
 - a. Family trips with advanced 2-week notice. A parent must email Mrs. Gonzalez 2-weeks prior to the scheduled absence. **Max 1 per year.**
 - b. Family ceremonies with advanced 2-week notice. A parent must email Mrs. Gonzalez 2-weeks prior to the scheduled absence. **Max 1 per year.**
 - c. College visits with advanced 2-week notice. must email Mrs. Gonzalez 2-weeks prior to the scheduled absence and email a letter of verification from the college visit. **Max 2 per year.**
 - d. Driving tests advanced 2-week notice. must email Mrs. Gonzalez 2-weeks prior to the scheduled absence and email a copy of the driving permit/license.
 - e. Studio Competitions (not rehearsals, or conventions) with advanced 2-week notice. Members must email Mrs. Gonzalez 2-weeks prior to the scheduled absence. This does not include studio rehearsals. **Max 1 per year.**

Requirements for Tryouts:

1. Centennial High School will not grant a tryout to students who have been assigned OSS, DAEP, or have had more than 3 days of ISS.
2. Academic eligibility to try out will be based on Q1 & Q2 grading periods.

Manager Tryouts:

1. Managers will be selected by a panel of three judges.
2. Managers will be scored by an interview with the panel of judges.
3. The judges' decision is final and is not appealable or grounds for the FISD formal grievance process.

Dance Team Code of Conduct 2023-2024
Centennial High School Sweetheart Accountability System

Overview:

1. Members will be assigned demerits proportionally to the number of infractions against the dance team code of conduct, school policy, and/or instructions set forth by the officers per director..
2. Members will be assigned one demerit per infraction.
 - a. Incorrect attire item = one demerit
 - b. Incorrect attire & tardy = two demerits
3. The accountability system affects the active status of the member and will remain in effect for the duration of the dance team year.

5 Demerits	Conversation with director and student.
10 Demerits	1st Warning Phone call home to parents
15 Demerits	2nd Warning Phone call home to parents Removed from the upcoming performance No longer eligible to audition for a leadership position
20 Demerits	3rd Warning Meeting with student and parent Removed from the next 2 performances No longer eligible to audition for a leadership position
25 Demerits	Final Warning Meeting with student and parent Removed from the next 3 performances No longer eligible to audition for a leadership position
30 Demerits	Dismissal from the Team

Attendance Infractions

- Tardy to practice, performance, inspection, or mandatory activity
- Unexcused or unreported absence from practice or mandatory activity
- Leaving early from practice or mandatory activity without the director's permission
- Failing to notify the director ahead of time when going to be absent from practice or mandatory activity
- Unexcused absence from a performance with prior notification
- Leaving early from a performance without the director's permission
- Unreported and unexcused absence from a performance

*****Any infraction not listed above is at the discretion of the director**

*****Excessive absences, excused or unexcused, are at the discretion of the Director/Principal for dismissal**

Uniforms/Equipment

- Not returning items with a due date
- Failing to bring all required items to practice (poms, props, required shoes, etc)
- Incorrect practice uniform (hair, top, bottoms, and shoes are included)
- Failure of the student to dress out in dancewear for practice
- Not having correctly groomed hair when designated
- Wearing nail polish to a performance
- Not wearing proper performance makeup when required
- Not being fully dressed at the time of inspection
- Not having required props for performance
- Wearing jewelry of any kind to a performance or in dress uniform
- Incorrect performance uniform at the time of inspection
- Not wearing dress uniform when required
- Wearing a Sweetheart costume or field uniform outside of official Sweetheart performances
- Lending Sweetheart uniforms, sweats, t-shirts, or jackets to nondance team members

*****Any infraction not listed above is at the discretion of the director**

Conduct

- Dance Officer not communicating infractions when necessary
- Leaving behind messy practice, performance, and dressing area
- Letting a nonmember in the locker room
- Moving or talking in a performance line or while at attention
- Talking at inappropriate times
- Not following instructions while in stands or formation
- Use of cell phones without the director's permission
- Not cheering at games or pep rallies
- Chewing gum during practice or performance
- Eating or drinking in uniform without permission from the director
- Disrespecting a dance officer or fellow team member
- Non-compliance with team rules and expectations (PDA, cursing, playing profane music in the locker room, etc)

*****Any infraction not listed above is at the discretion of the director**